



The Art of Calade

International field training workshop in the framework of the RESMYLE project

From 12 March to 26 March 2023



Project supported by the European Union

The commune of Volonne

The project is located in the commune of Volonne, in the department of Alpes de Haute Provence, France.

Volonne is a small medieval village of 1,700 inhabitants at the foot of a rocky spur, located on the left bank of the Durance River. The village is overlooked by two towers (the higher one from the 13th century is an old fortress and the lower one from the 16th century is the communal clock). From these towers, the visitor has an unrestricted view of the valley. This fortified hill was used as an observatory in times of invasion.

The many orchards that stretch across the Volonne plain bear witness to the mildness of its climate and the quality of the alluvial land of the Durance.

For centuries, the inhabitants of the hilltop villages with their steep streets have learned to master the *Art of the Calade* (cobble road). In order to protect paths, walls and crops from water erosion, calades have long been the preferred flooring in and around the villages. But the demographic expansion, the development of the car, the cost and the time required to build this type of structure have had an impact on the heritage. Thus many cobble streets have been dismantled or covered with asphalt.

You will participate in raising the awareness of the inhabitants to the maintenance and preservation of these cobble streets which give such a charming air to the Provençal villages. Indeed, the development of this specific heritage could generate more tourist activity in the village.

The municipality of Volonne has been committed for many years to protecting and enhancing its heritage and preserving the environment. This training workshop will act as a stimulus for all the partners in the project.

The international field training workshop

The aim of this international field training workshop is to discover the art of calade and to learn how to transmit its knowledge.

During 15 days, you will participate in :

- The construction of a calade (cobble street), using the traditional dry lime mortar technique.
- The creation of a leaflet on the calade technique, its construction method, its maintenance, its usefulness, its future... (illustrations, photos, writing, layout to be done).

In order to enrich your knowledge of the calade and to appropriate the different traditional approaches, you will discover the calades built or renovated by the volunteers of the Opus association in the surrounding villages.

The creations will be presented during a final event with the inhabitants of Volonne.



Photos of the street

Part of the street has already been paved by volunteer workcamps



Before



During



Management

Coordinator : Adeline Feuillat

Technical coordinator : Christine Dantaux

Technical trainer : Jean Cosme Restoux

Presence of an additional trainer

The occasional presence of local experts on the theme of heritage.

Hosting conditions

Participants will be accommodated in flats in the heart of the village. Rooms will be shared, and sleeping will be on cots.

Meals will be prepared and eaten on site. Meals will be provided in the form of a packed lunch to enable you to travel to the training workshop sites on different days.

Practical information

Working languages: French and English

Clothing: Bring practical warm clothing that is not likely to be damaged due to fieldwork, trousers, t-shirt, jumper, warm jacket, rain gear, good walking shoes and a change of clothes.

Equipment: Take a warm sleeping bag (essential), a pillow with a pillowcase, a towel and toiletries, a water bottle, a backpack.

You can take your own computer and other equipment that may be useful during the workshop.

Conditions of participation

Open to 12 participants, from 18 to 29 years old, looking for a job, graduate or not, or creating a job related to the environment and/or heritage.

The registration and participation fees, as well as accommodation, transport and meals during the two weeks are entirely covered by the RESMYLE programme.

Participants commit themselves to coming for the whole duration of the workshop.

Application

For international applications from Italy, Lebanon, Tunisia and Jordan, please fill the questionnaire: <https://forms.gle/mt9j4kh7EFerVWyX7>

Remember to contact your local embassy for any information concerning the visa application.

Opus

Opus is a Euro-Mediterranean association based in Provence and offers a wide range of activities linked to the promotion of heritage and environmental protection. The association works in four main areas, in conjunction with local areas, schools and the general public:

- Acting for the Environment: the eco-citizenship centre raises awareness of sustainable development through the creation of educational and scientific popularisation tools, school workshops and activities for the general public
- Acting in the face of natural risks: the team raises citizens' awareness of the risks of flooding and forest fires by creating topographical guides, awareness-raising trails and educational workshops.
- Acting for Heritage: the team acts to safeguard and enhance the natural and built heritage by setting up volunteer workcamps, introductory courses in traditional skills and heritage discovery and interpretation trails.
- International action: international cooperation actions are directly linked to the three other axes of the association. The cooperation projects aim at the commitment and mobility of young people in favour of the fight against climate change, the strengthening of local actions for the environment, and the promotion of rural heritage.

Opus has been awarded the CPIE des Pays de Vaucluse label (Permanent Centre for Environmental Initiatives). This implies and guarantees the coherence of the association's actions.

The association is a member of two regional networks which help to promote a territorial dynamic: the URCPIE (Regional Union of CPIEs) and the CORAC (Regional Commission of Workcamp Associations).

The RESMYLE project

The RESMYLE project is the grouping around a common project of 9 organisations (cooperatives, associations, universities) in 5 countries: France, Italy, Jordan, Lebanon, Tunisia.

The project focuses on two issues:

- The difficulties of professional integration of young people in the Mediterranean, in particular for NEETS (young people without jobs or training)
- Environmental protection creates new needs, but there is a lack of skills in certain areas to meet them: waste management, ecomobility, risk prevention, water resource management, etc.

The project proposes 3 complementary areas of intervention:

- How to integrate sustainable development in the actions carried out in the project (considering the environment, the link with others, the economy).
- Field training for young people on sustainable development based on mobility, intercultural exchanges and real environmental issues
- The creation of a Mediterranean network of eco-incubators run by young people, based on a common method and on mutual tutoring/training



Field trainings on sustainable development

The RESMYLE project sets up a series of international training workshops for young people to learn about sustainable development and acquire life skills by supporting local initiatives: the training camps.

For local actors, the international field training workshop represent an opportunity to improve, with enthusiasm, a local sustainable development project by making it more dynamic through the participation of young people.

For the young people, the international field training workshop is a non-qualifying and non-degree-awarding training that meets the values and results of learning:

- Learning by doing - The workshop allows participants to learn by doing, with the support of experts, professionals passing on their comments and experience
- Solidarity - Workshop also offer know-how on a voluntary basis for a territory by reinforcing active participation.
- Intercultural adventure - Aimed at young people from different countries, confronting them with a local issue and a different culture, the workshop promotes European and intercultural citizenship.
- Life skills - Offering the opportunity to work in a team, in an intercultural dimension, developing emotional, relational and cognitive skills such as self-awareness, effective relationships, problem solving, decision making and creative thinking, application of knowledge.

Provisional programme International Field Training Workshop The Art of Calade

The programme is subject to change depending on the weather conditions at the time.

Date	Matin 9h - 12h	Après-midi 13h - 16h	Soirée
Day 1 12 March	Arrival of participants	Arrival of participants	Getting to know each other Icebreakers - Discovering the group
Day 2 13 March	Presentation of the RESMYLE project Presentation of the Art de la Calade project	Presentation of the calade theory and discovery of the workcamp site and visit of Volonne	Expectations, fears, contribution
Day 3 14 March	Calade worksite, discovery of the technique	Field visit to the Priory of Salagon and Mane	Group dynamics Team building
Day 4 15 March	Calade worksite	Calade worksite	Group dynamics Team building
Day 5 16 March	Calade worksite	Field visit to Notre Dame de Ganagobie Abbey and Forcalquier and its Citadel	Group dynamics Team building
Day 6 17 March	Calade worksite	Calade worksite	Reflection group feelings, learning
Day 7 18 March	Free day in Aix en Provence		Free time at the accommodation
Day 8 19 March	Calade worksite	2 groups : Calade worksite / Production of the leaflet	Reflection group feelings, learning
Day 9 20 March	Calade worksite	2 groups : Calade worksite / Production of the leaflet	Production of the leaflet
Day 10 21 March	Calade worksite	Field visit: Sisteron	Production of the leaflet
Day 11 22 March	Calade worksite	2 groups : Calade worksite / Production of the leaflet	Production of the leaflet
Day 12 23 March	Calade worksite	2 groups : Calade worksite / Production of the leaflet	Production of the leaflet
Day 13 24 March	Production of the leaflet	Production of the leaflet	Reflection group feelings, learning
Day 14 25 March	Completing the project	Presentation of the results of the workshop to the local population (worksite and leaflet)	Individual assessments Final evaluation
Day 15 26 March	Departure of participants	Departure of participants	



International Field Training Workshop

THE ART OF CALADE

From 12 March to 26 March 2023

VOLONNE - FRANCE



**DISCOVERING A
TRADITIONAL
MASONRY
TECHNIQUE**



**CREATION OF A
PEDAGOGICAL
DOCUMENT**



**CONSTRUCTION OF A
COBBLED STREET**

**FREE
PARTICIPATION
UNDER
CONDITIONS**



[https://www.enicbcmed.eu/
projects/resmyle](https://www.enicbcmed.eu/projects/resmyle)

Application: g.spaccaforo@amesci.org